



- 1. ☐ Meta☐
- 2. ☐ Facebook☐
- 3. ☐ Instagram
- 4. ☐ Threads
- 5.

1. Meta

Facebook

1.

2026-05-23 141155.png

2.

2026-05-23 141441.png

3.

a3.jpg

4.

a4.jpg

5.

m5.jpg

6.

f1.jpg

2. Facebook

1. Facebook

2026-05-23 143016.png

2.

2026-05-23 143631.png

3. Meta



2026-05-23 144304.png

4.

2026-05-23 145538.png

5.



2026-05-23 145634.png

6.

2026-05-23 150221.png

7.



2026-05-23 150345.png

8.

2026-05-24 151716.png

9.

2026-05-24 152327.png

10.

2026-05-24 153031.png

11. → API

2026-05-24 233907.png

12. Meta

2026-05-24 154548.png

13.

2026-05-24 154101.png

14. (

)

- pages_show_list

- pages_read_engagement
- pages_read_user_content
- pages_manage_posts
- pages_manage_engagement

Facebook

Generate Access Token

Facebook

2026-05-24 155534.png

15. Meta Business Suite

(Settings)

2026-05-24 160516.png

16.

2026-05-24 161049.png

17. API

API

`me?fields=id,name`

2026-05-24 162012.png

18.

?fields=access_token&access_token={{access_token}}

{{access_token}}

2026-05-24 162417.png

19. 

 2026-05-24 163823.png

20. 

 2026-05-24 164137.png

21. 

  2

18 21

 2026-05-24 164247.png

3. Instagram

Instagram

1. Meta for Developers

2026-05-23 144304.png

2. 2026-05-23 145538.png

3. 2026-05-23 145634.png

4. 2026-05-23 150221.png

5. 2026-05-23 150345.png

6. 2026-05-24 151716.png

7.

2026-05-24 152327.png

8. IG IG

2026-05-24 223059.png

9.

2026-05-24 223627.png

10. Instagram

Instagram ID

2026-05-24 223759.png

11. IG

2026-05-24 224512.png

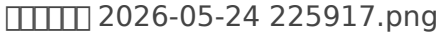
12.

2026-05-24 225212.png

13.

2026-05-24 225601.png

14.



2026-05-24 232017.png

2026-05-24 232256.png

2026-05-24 232627.png

2026-05-24 233907.png

2026-05-25 000810.png

2026-05-24 234659.png

21.



2026-05-25 001632.png

22.

--	--	--	--	--	--

2026-05-25 001714.png

[illegible]

2026-05-25 002211.png

[illegible]

□□□□ API □□

Instagram



ID□

id **ID**

2026-05-27 212404.png

25. ID

2026-05-24 232017.png

2026-05-27 212128.png

26. □□□□□□□□□□□□□□□□□□□□□□




 2
 

25 ☐ 26 ☐☐☐☐☐

2026-05-27 211913.png

4. 📁 Threads

📁📁 Threads📁

1. 📁 Meta for Developers 📁 📁📁📁📁_____



📁📁📁 2026-05-23 144304.png

2. 📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁📁

📁📁📁 2026-05-23 145538.png

3. 📁📁📁📁📁📁📁📁📁📁📁📁📁📁

Threads API📁

📁📁📁 2026-05-27 213600.png

4. 📁📁📁📁📁📁📁📁📁📁📁📁📁📁

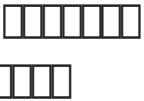
📁📁📁 2026-05-27 214025.png

5. 📁📁📁📁📁

📁📁📁 2026-05-27 214058.png

6. 📁📁📁📁📁📁📁📁

📁📁📁 2026-05-27 214130.png

7.  Threads API  Threads API

 2026-05-27 214743.png

8.


 2026-05-27 215124.png

9.  Threads 
 2026-05-27 215423.png

10. 
 2026-05-27 215641.png

11.  Threads  Threads ID 
 2026-05-27 215834.png

12.  Threads 
 2026-05-27 220336.png

13. 
 2026-05-27 220552.png

2026-05-27 220745.png

2026-05-27 221031.png

Generate Threads Access

2026-05-27 221315.png

2026-05-27 221707.png

2026-05-27 224526.png

2026-05-27 224849.png

2026-05-27 225407.png

21.

XX

XXXX

XXXXXXXXXXXXXXXXXXXX

XXXX 2026-05-27 225712.png

22. XXXX API XXXXXXXXXXXXXXXXXXXXXXXX

access_token?grant_type=th_exchange_token&client_id={threads
XXXX ID}&client_secret={Threads XXXX
&fb_exchange_token={XXXXXXXXXX } }

XXXX { } XXXXXXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXXXXXXXXXX

ID
{ } XXXX

XXXX 2026-05-27 230110.png

23. XXXXXXXXXXXXXXXXXXXXXXXX

XXXXX

XXXX 2XXXXXXXXXXXXXXXXXXXXX

21 23XXXX

XXXX 2026-05-27 230815.png

5.

1. 

 Pi 

 2026-10-01 13-33-30.png